



Referral guide for professionals

Social workers, discharge planners, clergy and health professionals can refer a person to us. The person or family can also call us directly.

Who we serve

Services for people of all ages who have difficulty with activities of daily living, whether or not they currently have Medicaid.

Programs

- PAS / Primary Home Care (adults)
- Community Attendant Services (CAS)
- Family Care
- Community First Choice (CFC)
- STAR+PLUS, including STAR+PLUS HCBS (the STAR+PLUS Waiver)
- STAR Kids
- PCS for children and young adults 20 and under

Attendants help with

- | | |
|------------------------------|---|
| • Bathing | • Meal preparation |
| • Dressing | • Escort |
| • Exercising | • Shopping |
| • Feeding | • Assistance with self-administered medications |
| • Grooming | • Protective supervision (safety monitoring) |
| • Routine hair and skin care | • Respite (overnight monitoring) |
| • Toileting | • Habilitation (learning daily living skills) |
| • Transfer | |
| • Walking | |
| • Cleaning | |
| • Laundry | |

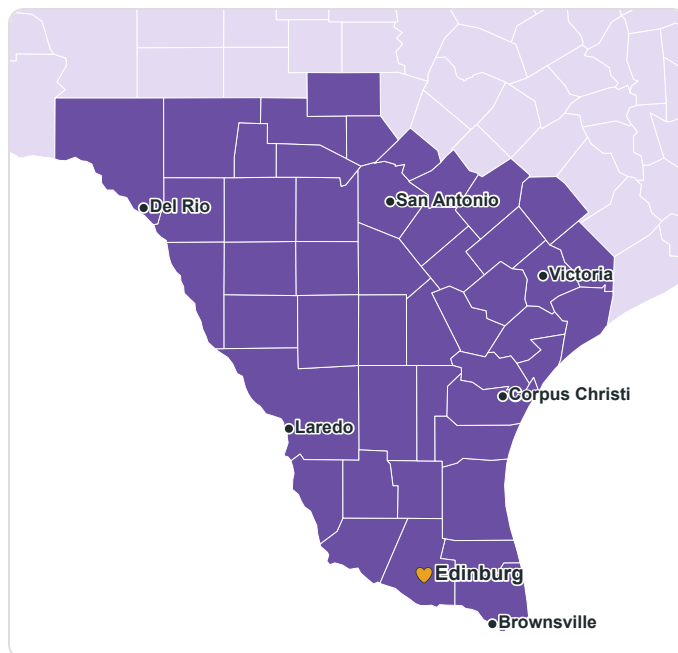
Contracted with

HHSC, TMHP (PCS), Superior, Driscoll, United, Molina, Wellpoint. Programs: STAR+PLUS and STAR Kids. For people without Medicaid or a health plan, we offer private pay.

How to refer

- Call (956) 720-4490 or fax (956) 720-4402. Text (956) 720-0295.
- Include the person's name, phone number and county, and their health plan or Medicaid number if you know it.
- Office hours: Monday to Friday, 8 a.m. to 5 p.m.

Service area: 47 counties



Aransas, Atascosa, Bandera, Bee, Bexar, Brooks, Calhoun, Cameron, Comal, DeWitt, Dimmit, Duval, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Hidalgo, Jackson, Jim Hogg, Jim Wells, Karnes, Kendall, Kenedy, Kerr, Kinney, Kleberg, La Salle, Lavaca, Live Oak, Maverick, McMullen, Medina, Nueces, Real, Refugio, San Patricio, Starr, Uvalde, Val Verde, Victoria, Webb, Willacy, Wilson, Zapata, Zavala.



Guía de referencia para profesionales

Trabajadores sociales, planificadores de alta, el clero y profesionales de la salud pueden referir a una persona. La persona o su familia también nos pueden llamar directamente.

A quién servimos

Servicios para personas de todas las edades con dificultad para hacer las actividades de la vida diaria, tengan o no Medicaid actualmente.

Programas

- PAS / Primary Home Care (adultos)
- Community Attendant Services (CAS)
- Family Care
- Community First Choice (CFC)
- STAR+PLUS, incluido STAR+PLUS HCBS (STAR+PLUS Waiver)
- STAR Kids
- PCS para niños y jóvenes de 20 años o menos

Los asistentes ayudan con

- | | |
|--|---|
| • Bañar | • Preparar comidas |
| • Vestir | • Acompañar |
| • Ejercicios para caminar | • Hacer compras |
| • Dar de comer | • Ayuda con las medicinas que la persona se administra sola |
| • Aseo | • Supervisión protectora (vigilancia de seguridad) |
| • Cuidado rutinario del pelo y la piel | • Respiro (supervisión durante la noche) |
| • Ir al baño | • Habilidad (aprender habilidades para la vida diaria) |
| • Cambio de postura | |
| • Caminar | |
| • Limpiar | |
| • Lavar ropa | |

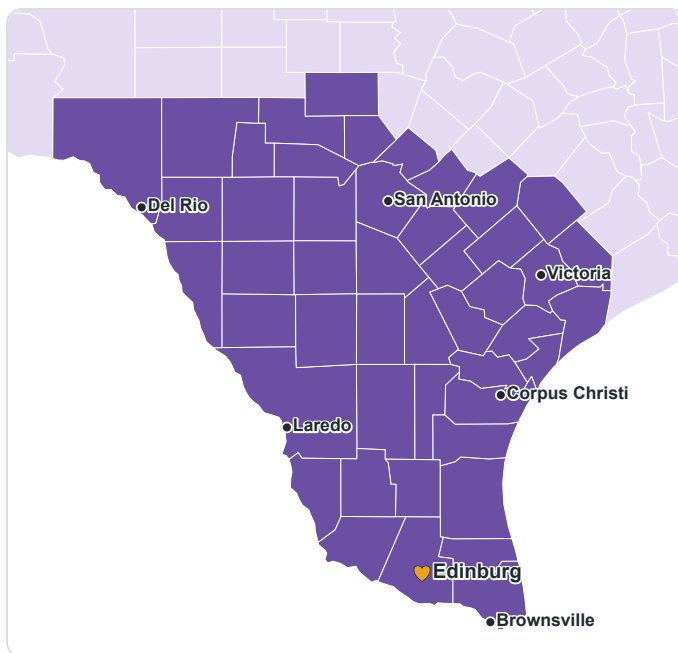
Contratos

HHSC, TMHP (PCS), Superior, Driscoll, United, Molina, Wellpoint. Programas: STAR+PLUS y STAR Kids. Para personas sin Medicaid ni plan de salud, ofrecemos pago privado.

Cómo referir

- Llame al (956) 720-4490 o mande un fax al (956) 720-4402. Texto: (956) 720-0295.
- Incluya el nombre, el teléfono y el condado de la persona, y su plan de salud o número de Medicaid si lo sabe.
- Horario de oficina: de lunes a viernes, de 8 a.m. a 5 p.m.

Área de servicio: 47 condados



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